

Personal Equipment Lists

All Members List: List 1, 1a, 1b, and 2 (basic load and available items)

4-Season List: Lists 1, 1a, 1b, 2, and 3 (extended missions, inclement weather, out of county) 4-Season Heavy: Lists 1, 1a, 1b, 2, 3, and 4 (extended or extreme weather and altitude)

List 1: All Times, All Members: (Operate single mission 1-24 hrs)

Backpack for 30-50 # load (capable of carrying required and team equipment)
Whistle, plastic
Fire starting materials
Windproof, waterproof outer jacket shell
Helmet, UIAA certified
Eye protection, clear
Headlamp and a second light source
Boots, w/ solid ankle support, suitable for off-trail, steep terrain; suitable for anticipated weather
2 liters of water in two separate containers
Compass, magnetic, sightable, accurate w/i +/- 3deg (not battery operated)
Map of operating area
Small knife or multitool with knife blade
BSI gloves (3 pairs)**
2 writing implements (one must be a pencil) and paper or notepad
Individual medical kit (see list 1a for contents)
Leather rope gloves

2 Person rescue/space blanket, emergency bivy, or 2 large garbage bags
Timepiece w/ second display
Sunscreen
Signal mirror
50' utility cordage (e.g. military parachute cord, Tripwire, 3mm PMI)
Chemical light stick, 6", must be military grade (Peddler has military grade)**
Flagging **
Mechanism or means to secure team gear to backpack
Ground/air emergency signal FOG**
Repair kit (heavy thread or dental floss/needle, 4 large safety pins, 10' quality duct tape, 5' steel safety wire, 3 6" plastic zip ties)
1 pair spare socks
Food/snacks with a minimum total of 1500 calories (appropriate mix of electrolytes, simple/complex carbs and protein)
Appropriate clothing for mission and following 12 hrs
EPCSO ID, driver's license, lift ticket
Hearing protection, ear plugs
Rescue Harness (see list 1b for components)

List 1a: Individual Medical Kit:

Band Aids**	Sam splint
Emergency Trauma Dressing***- 4" elastic bandage, if no ETD	Safety pins
Triangular bandage, 40"	Rescue Breathing shield***
4 - 4x4 gauze ***	Personal medication

Anti-bacterial hand sanitizer	Blister protection
Roller gauze***	Tourniquet***

List 1b: Rescue Harness:

Harness, comfortable, 22 kN, UIAA approved
4 – Carabiners, Locking, 22 kN MBS
Descending device
Prusiks 5', 6' & 8', 7mm perlon**
Litter tie-in – webbing slings, 12' w/ prusik and large locking carabiner
20'tubular webbing 1"***
Athletic tape, 2" wide**

**List 2: Mission Dependent, Available at Staging or in Pack:
(In addition to lists 1, 1a, and 1b)**

Bag for below items, marked w/ rescue #
Rain gear (to protect torso & legs in torrential downpour)
Sunglasses or eye shade/hat
Additional clothing as may be needed for operational, seasonal, and weather needs
Hat
Traction Devices (boot mounted)
Gaiters
Water purification tablets or filter
Container (e.g. metal cup) to heat water
Food for 72 hours, 4500 total calories minimum (appropriate mix of electrolytes, simple/complex carbs and protein)
Stove with fuel (72 hrs) (only if food requires heated water or cooking)
1L of water
Insect Repellent

Spare batteries for all electronics if required
Uniform (blue or orange t-shirt, orange uniform shirt, etc)
Waterproof bags for clothing, equipment (commercial, garbage, ziplocs)

List 3: 4-Season Lite, Available at Home or RB:

(In addition to lists 1, 1a, 1b, and 2)

Stove with fuel (72 hrs)
Sleeping bag, 30° F
Insulating pad
Cooking utensils
Shelter, tent or bivy sack
Extended/replacement appropriate clothing for SAR field work
Overnight kit (toothbrush, toothpaste, deodorant, hygiene items)
Towel

List 4: 4-Season Heavy, High Altitude, Available at Home or RB: (In addition to lists 1, 1a, 1b, 2, and 3)

Heavyweight insulating underwear, tops and bottoms
Heavyweight socks, 2 pair
Balaclava, full face and neck coverage, appropriate weight
Goggles
Winter mountaineering boots
Insulated water/liquid containers to prevent freezing
Insulated gloves/mittens
Snowshoes designed for off-trail and rescue loads
Overmitts, wind/water resistant
Ice axe with covers and leash

Crampons with covers
Avalanche shovel (available as team gear)
Avalanche probe (available as team gear)
Avalanche beacon (available as team gear)
4 season Shelter, tent, or bivy sack
Sleeping bag, 0° F

**Available for issue through Peddler, Equipment and Medical per policy. Requirements: 1) Full member 2) Meeting participation requirements this year, or met last year.

*** Will be issued after completion of medical training requirements